



Epiphany of Our Lord Roman Catholic Church

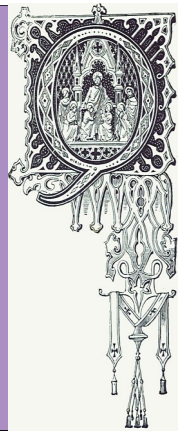
2510 EAST HANNA AVE. - TAMPA FL 33610

PHONE: 813-234-8693

WEBSITE: www.epiphanytampa.com

GENERAL EMAIL: office@epiphanytampa.com

March 3, 2024—Third Sunday of Lent



MASS SCHEDULE

Ordinary Form

Rectory Chapel (English Ordinary Form)
Saturday 8:00 a.m.

Extra-Ordinary Form (Traditional Latin Mass)

In the Church (English Homilies)

Mon – Fri 6:30 a.m. Missa Cantata

Mon – Sat 8:00 a.m. Low Mass

Weekend Masses

Saturday Vigil 5:00 p.m.
(English Ordinary Form)

Sunday (Traditional Latin Mass
with English Homilies)

7:30 a.m. Low Mass

10:30 a.m. High Mass

Confessions

Mon – Sat During Morning Adoration
in the Church

Sunday After All Latin Masses

Adoration

Mon – Sat After the 8:00 a.m. Mass
in the Church

First Friday

First Friday of Each Month:
Adoration begins after the
8:00 a.m. Mass in the Church.
Vespers at 6:00 p.m.
Followed by Benediction

Daylight Savings Time is Next Weekend.
Be sure to set your clocks ahead on Saturday night.



A PARISH EVENT
Sponsored by
The Latin Mass Society of Tampa Bay



AN EVENING AT
EPIPHANY OF OUR LORD
2510 E. HANNA AVE, TAMPA, FL 33610

WE GRACIOUSLY INVITE YOU TO JOIN US IN WELCOMING

HIS EXCELLENCY
**ARCHBISHOP
SALVATORE J. CORDILEONE**

WEEKEND SCHEDULE

SATURDAY, 3/16 @ 7:00PM
COMPLINE & TALK IN THE CHURCH
FOLLOWED BY REFRESHMENTS

SUNDAY, 3/17 @ 10:30AM
PONTIFICAL HIGH MASS
(CELEBRATED BY HIS EXCELLENCY)



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CODE FOR DONATIONS.

Mark your calendars for April 13th, which will be our next
Spiritual Mothers Retreat from 8 a.m. - 2:00 p.m.
Tickets will be sold after Sunday Masses, we expect the day to fill up
quickly so please get your tickets early! Cost will be \$20.
For information contact Betty Bauer,
thankheavenfor11.jmj@gmail.com

Pastor: Rev. Fr. Edwin Palka

Priest in residence & in charge of the Immaculate Conception Haitian Mission: Rev. Fr. Pierre Dorvil, SMM

Priest in residence and Pastor Emeritus: Rev. Fr. Ignatius Tuoc

Retired Priest not in residence: Rev. Fr. Paul Mangiafico

Office Manager: Jennifer Whiskeyman

Administrative Assistant: Sophia Bauer

Business Manager: Kim Matysuk

Director of Music: Anders Bergmann

Director of Youth Ministry: Jamiee Salcido

From the Pastor: Dom Guéranger on Lent

One of my most often used books, or, rather, series of books, is Dom Guéranger's The Liturgical Year. He was the abbot of Solesmes from 1837-1875 and in 1841 he began to write what would become a 15-volume series about the treasures of the, needless to say, Church's liturgical year. For the past few weeks, I have been fielding many questions about the changes to the Church's discipline concerning fast and abstinence during Lent. Why did we use to abstain from meat throughout Lent? Were eggs and milk allowed? Why was the fast all day and the one meal only at night? Did we really fast every day except Sunday? Could we eat the "forbidden foods" on Sunday since it wasn't a fast day? These and so many more are all great questions, and I myself never knew the answers to any of them until I started delving into the differences between current and traditional practices. I still don't know all of the answers, and I certainly cannot tell you which rules were changed in which years, but Dom Guéranger certainly answers a whole lot of questions like this. I can't print everything here, but here is a nice little part (he writes much, much more) of his explanation of the disciplines of Lent in his day and in ancient practice. The rest of this article is his. Enjoy!

Lent, then, is a time consecrated, in an especial manner, to penance; and this penance is mainly practised by Fasting. Fasting is an abstinence, which man voluntarily imposes upon himself, as an expiation for sin, and which, during Lent, is practised in obedience to the general law of the Church. According to the actual discipline of the Western Church, the Fast of Lent is not more rigorous than that prescribed for the Vigils of certain Feasts, and for the Ember Days; but it is kept up for Forty successive Days, with the single interruption of the intervening Sundays.

We deem it unnecessary to show the importance and advantages of Fasting. The Sacred Scriptures, both of the Old and New Testament, are filled with the praises of this holy practice. The traditions of every nation of the world testify the universal veneration, in which it has ever been held; for there is not a people, nor a religion, how much soever it may have lost the purity of primitive traditions, which is not impressed with this conviction, - that man may appease his God by subjecting his body to penance.

St. Basil, St. John Chrysostom, St. Jerome, and St. Gregory the Great, make the remark, that the commandment put upon our First Parents, in the earthly paradise, was one of Abstinence; and that it was by their not exercising this virtue, that they brought every kind of evil upon themselves and us their children. The life of privation, which the king of creation had thenceforward to lead on the earth, - (for the earth was to yield him nothing of its own natural growth, save thorns and thistles,) - was the clearest possible exemplification of the law of penance, imposed by the anger of God on rebellious man.

During the two thousand and more years, which preceded the Deluge, men had no other food than the fruits of the earth, and these were only got by the toil of hard labour. But when God, as we have already observed, mercifully shortened man's life, (that so he might have less time and power for sin), - he permitted him to eat the flesh of animals, as an additional nourishment in that state of deteriorated strength. It was then, also, that Noah, guided by a divine inspiration, extracted the juice of the grape, which thus formed a second stay for human debility.

Fasting, then, is the abstaining from such nourishments as these, which were permitted for the support of bodily strength. And firstly, it consisted in abstinence from flesh-meat, because it is a food that was given to man by God, out of condescension to his weakness, and not as one absolutely essential for the maintenance of life. Its privation, greater or less according to the regulations of the Church, is essential to the very notion of Fasting. Thus, whilst in many countries, the use of eggs, milk-meats, and even dripping and lard, is tolerated, - the abstaining from flesh-meat is everywhere maintained, as being essential to Fasting. For many centuries, eggs and milk-meats were not allowed, because they come under the class of animal food: even to this day, they are forbidden in the Eastern Churches, and are only allowed in the Latin Church by virtue of an annual dispensation. The precept of abstaining from flesh-meat is so essential to Lent, that even on Sundays, when the Fasting is interrupted, Abstinence is an obligation, binding even on those who are dispensed from the fasts of the week, unless there be a special dispensation granted for eating meat on the Sundays.

In the early ages of Christianity, Fasting included also the abstaining from Wine, as we learn from St. Cyril of Jerusalem [Catech. iv], St. Basil [Homil. i. De Jejunio], St. John Chrysostom [Homil. iv. Ad populum Antioch.], Theophilus of Alexandria [Litt. Pasch, iii], and others. In the West, this custom soon fell into disuse. The Eastern Christians kept it up much longer; but even with them it has ceased to be considered as obligatory.

Lastly, Fasting includes the depriving ourselves of some portion of our ordinary food, inasmuch as it only allows the taking of one meal during the day. Though the modifications introduced from age to age in the discipline of Lent, are very numerous, yet the points we have here mentioned belong to the very essence of Fasting, as is evident from the universal practice of the Church.

With prayers for your holiness,
Rev. Fr. Edwin Palka

Latin Masses for the Week: March

- 4 Mon** Feria of Lent,
Comm: St. Casimir & St. Lucius
- 5 Tues** Feria of Lent
- 6 Wed** Feria of Lent,
Comm: SS. Perpetua & Felicity
- 7 Thurs** Feria of Lent, Comm: St. Thomas Aquinas
- 8 Fri** Feria of Lent, Comm: St. John of God
- 9 Sat** Feria of Lent, Comm: St. Frances of Rome
- 10 Sun** **FOURTH SUNDAY OF LENT**
(Laetare Sunday)

PARISH CALENDAR	
THIS WEEK —	
Sunday, March 3, <u>Catechesis of the Good Shepherd</u> , 8:45 a.m., Parish Room <u>American Heritage Girls</u> , 8:45 a.m., Classrooms 3-6 <u>Exodus 90</u> , 9:00 a.m., Classroom 1 <u>Troops of St. George</u> , 9:00 a.m., Classroom 2 <u>Altar Boy Practice Pontifical High Mass</u> , 9:00 a.m., Church <u>Knights of Columbus General Meeting</u> , 12:30pm, Classroom 2 <u>Burgers, Beer, Breviary</u> , 12:30 p.m., Campus <u>Choral Vespers</u> , 2:30 p.m., Church	
Monday, March 4 <u>Mary's Flowers</u> , 6:30 p.m., Parish Room	
Tuesday, March 5, <u>Holy Face of Jesus Prayer Group</u> , 10:00 a.m., Church Choir Area <u>JMJ General Meeting</u> , 6:00 p.m., Social Hall	
Wednesday, March 6, <u>Purgatorial Society</u> , 10:00 a.m., Social Hall	
Thursday, March 7, <u>Sancti Amici Middle School Youth Group</u> , 6:00 p.m., Parish Room <u>Consecration to St. Joseph</u> , 6:30 p.m., Zoom	
Friday, March 8, <u>JMJ Homeschool Group</u> , 9:00 a.m., Campus <u>Soup & Stations</u> , 6:00 p.m., Church & Social Hall <u>Consecration to St. Joseph</u> , 7:00 p.m., Classroom 2	
Saturday, March 9, <u>Adult Catechism</u> , 10:30 a.m., Social Hall <u>Anima Christi Movie Night "Cabrini"</u> , 2:30 p.m., Westshore Mall	
NEXT WEEK —	
Sunday, March 10, 2nd Collection Catholic Relief Services <u>Catechesis of the Good Shepherd</u> , 8:45 a.m., Parish Room <u>Epiphany Gardeners</u> , 8:45 a.m., Classroom 4 <u>Exodus 90</u> , 9:00 a.m., Classroom 1 <u>Altar Boy Practice Pontifical High Mass</u> , 9:00 a.m., Church <u>ECCW General Meeting</u> , 12:30 p.m., Parish Room	
Monday, March 11, <u>Mary's Flowers</u> , 6:30 p.m., Parish Room	
Tuesday, March 12, <u>Holy Face of Jesus Prayer Group</u> , 10:00 a.m., Church Choir Area <u>Knights of Columbus Officers Meeting</u> , 6:00 p.m., Zoom	
Wednesday, March 13, <u>Purgatorial Society</u> , 10:00 a.m., Social Hall	
Thursday, March 14, <u>Holy League</u> , 6:00 p.m., Church & Social Hall <u>Consecration to St. Joseph</u> , 6:30 p.m., Zoom	
Friday, March 15, <u>Soup & Stations</u> , 6:00 p.m., Church & Social Hall <u>Anima Christi Youth Group</u> , 6:00 p.m., Parish Room <u>Consecration to St. Joseph</u> , 7:00 p.m., Classroom 2	
Saturday, March 16, <u>Adult Catechism</u> , 10:30 a.m., Social Hall <u>DOVES</u> , 11:00 a.m., Classroom 5 <u>FSSJA Vespers & Reception</u> , 6:00 p.m., Church & Social Hall	

Welcome to Our Parish



**EPIPHANY CATHOLIC CHURCH
IS VERY HAPPY TO HAVE VISITORS
and NEW PARISHIONERS WITH US**

*Social in the Church Hall
after the 7:30 & 10:30 Masses each Sunday.*

Please join us to get acquainted

New parishioners may register by visiting the Parish Website

<http://www.epiphanytampa.com> or place your registration form
(located in the back of the church) in the offertory basket.

Office: (813) 234-8693 / Closed Monday

Tuesday—Friday from 7:30AM —3:00PM

Email: office@epiphanytampa.com

**Offertory—\$10,211.00
Online Giving—\$5,937.46
Total—\$16,148.46**



2024 CATHOLIC MINISTRY APPEAL

Goal: \$128,653.00

Pledged: \$13,840.00 Paid: \$10,784.93



Regina Caeli is a private, independent, Classical Homeschool Hybrid™ operating in the Catholic tradition. Preschool - 12th grade students attend classical academic and extracurricular classes two days a week, and homeschool the remaining days following the plans provided by RCA. RCA is hosting a touring event on March 11th at 10am. Please RSVP to fgreen.tpa@rcahybrid.org

Regina Caeli Academy is hiring for the 2024-25 academic year!
*Formal teaching experience is not needed,
but a love of the Catholic faith is required!*

Dr. Doug Haugen will be speaking on his recently released book “In Pursuit of the Metaverse” on 9 March at 7 PM in the social hall. Dr Haugen is a traveling scholar who’s recent work goes right to the depths of what is tearing society apart and identifies the problem as a metaphysical disconnect between the transcendent and immanent worlds. His work points to the only solution, the fountain of all grace, the Holy Eucharist.

Save the Dates!

****Prayers & Pennies for Sisters & Semmies
Lent 2024**

****Soup & Stations
Fridays in Lent**

****Archbishop Cordileone Pontifical High Mass
March 17, 2024**

****Consecration to St. Joseph
March 19, 2024**

****Holy Week
March 25-30, 2024**

****Spiritual Motherhood Retreat
April 13, 2024**

****First Holy Communion
May 5, 2024**

****Confirmation
June 15, 2024**

MASS INTENTIONS FOR THE WEEK

Saturday: 3-2-24

8:00 AM †Wilson Nazario by I. Nazario

5:00 PM All Parishioners

Sunday: 3-3-24

7:30 AM †Opa Leo Hohmann by Bertha Frank

10:30 AM Roe Family—salvation of their souls by Jamiee Salcido

Monday: 3-4-24

6:30 AM †Patrick Treherne by The Treherne Family

Tuesday: 3-5-24

6:30 AM †Patrick Treherne by The Treherne Family

8:00 AM †Peter Cimino by Gayle & Sarah Cimino

Wednesday: 3-6-24

6:30 AM Irma Long by The Treherne Family

Thursday: 3-7-24

6:30AM Repose of the Soul of Daniel Ryan by Patricia Ryan

8:00 AM †Patrick Treherne by The Treherne Family

Friday: 3-8-24

6:30AM †Patrick Treherne by The Treherne Family

Saturday: 3-9-24

8:00 AM †Brother Bruno Hohmann by Bertha Frank

5:00 PM All Parishioners

Sunday: 3-10-24

7:30 AM †Patrick Treherne by The Treherne Family

10:30 AM †Bayru Kiflom by Rozina Bayru

Our 2024 Mass Book is full as are the Sanctuary Lamp intentions.



*This week, the Sanctuary Lamp burns in Loving Memory
of JOSEPH AUGUSTUS ZARELLI
by ZUPCO FAMILY*

PRAYER LIST

*Please remember in your thoughts and prayers the sick and
homebound of our community & others needing prayer.*

Special Intentions

Armando Alicea, Barbara Brownlow, Brian, Denny Bolton,
Ava Bumanglag, Campos Family, TJ & Tamara Davis,
Farley Family Intentions, K.J., R. Jones, Robert & Lucas Matysuk,
Nicole, Eamon O'Brien, Ed Palka Sr., Kay Rodgers,
Jessica & Steven Smith, Erika VanGorden

For Healing:

Catherine Reilly Ahwash, Michael Anderson, Vienna Avelares,
Alice Baker, Carmen Baker, Mary Ann Baker, Robert Baker,
Kathy Balthazard, Claudia Barber, Kevin Baumgardner,
Linda Baumgardner, Jesse Beacham Jr., Melba Beacham,
Rachell Beacham, Mcaenzie Joy Bawor, Bob & Lynn,
Jeannie Brackins, Magda Bravo, Scott Brezinski, Michael Britton,
Sara Britton, Donna Brown, Mary Buckler, Roberto Cabrera,
Dalton Colarusso, Raven Chandler, Dovie Corbin, Sergio Corredor,
Carol Cretokos, Kristen Deskins, Deborah Durosher,
Karen Esposito, Marilyn and Ernie Falvo, Paul & Pat Farley,
Michael Fabyanic, Ariel Grubach, Dominic Henderson, Kim Kale,
Kristin Karcher, Fatiha & Malaysia King, Bruce Knetze, Jeannette Kochik,
John Kunnen, Denis Lankowski, Guillermo J. & Melody Lavandeira,
Robert Lunsford, Helen Madden, Father Mangiafico, Frank & Ann Martin,
Katherine Martin, Brianna McAnally, Diana McGuirk, Arnold Mendez,
Clayton Michael, Clara Miller, The Phil Morphew Family, Lourdes Munoz,
Maria Munoz, Edmond O'Conner, Michael O'Conner, Alexis Olaniel,
Fiona Oskam, Rita, Aileen Patrias, John Prince, Theodore Purington III,
Rafael, Robert Reilly, Patricia Roche, Kay Rodgers,
Bernadette Rodriguez, Anne Rosendale, Michelle Ruiz,
Donna Ryan, Janet Ryan, Dorothy Sands-Cox, Marianne Santucci,
Karen Scott, Gloria Sims, William Sims, Maniel Sotomayer,
Mary Ann Spille, Katarzyna Szarfraniec, Veronica Tamarit,
Agnes Tambwe, Mary & Burt Tramer, Rafael Trinidad,
Sandy Wehle, Gail Wheelock, Jean Zack

**Please call the parish office to add a loved one's name to our
prayer list or to let us know if someone no longer needs to be listed.**



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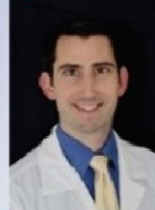
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